



# Interview with a Trainee Solicitor at Lester Aldridge – Alex Phillips

First-year trainee solicitor Alex Phillips shares what attracted him to Lester Aldridge and his experiences so far as he undertakes the first seat of his training contract.

## Please share with us your journey into law

Having always had an interest in a career in law, I did some work experience at a local firm in Reading. I then went on to study at the [University of Dundee](#). I did my English law degree before staying an additional year to study Scots law. I then attended the University of Law's Liverpool campus to study the LPC. After completing this, I started my training contract at LA.

## Tell us about your seats so far at LA

I am currently in my first seat in the [Real Estate](#) Commercial team in Southampton. Having only had a little legal experience outside of university before starting in September, I have found it a steep learning curve. However, the team has been really helpful, and I am making progress and enjoying myself.

## What area of law do you enjoy the most / hope to qualify into? Has this changed?

Being in my first seat, I am still deciding where I want to qualify. At university and while studying the LPC, I particularly enjoyed Dispute Resolution, so I hope to explore these more during my training contract.

## What attracted you to the Lester Aldridge trainee scheme?

I liked the variety of seats available, the firm's reputation, and the opportunities that would be available to me.

## How did you prepare for your trainee solicitor interview?

I did my background research on the firm and considered what questions they might ask me. Other than that, I

got a good night's sleep and tried not to worry.

## **What's the best thing about training at LA?**

The best thing that I have found is that the work and training given are manageable, and if I have any questions, I know who to ask.

## **How would you describe the culture at LA?**

Very friendly and open, everyone is here to help.

## **What are the development opportunities like at LA?**

I can't answer this in too much detail because I am new to the firm. However, the high retention of trainees and the number of partners that trained at the firm are really encouraging.

## **Do you have tips for trainees just starting their training contracts?**

Don't panic, and don't be in too much of a hurry. You have time to develop.

## **Find out more about training contracts at Lester Aldridge**

We are currently accepting applications for training contracts starting in 2026. [Find out more, or apply here](#) by 17th May 2024.