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## Podcast: Good Divorce Week & Ways to Avoid Court

On day 4 of Resolution's Good Divorce Week, our Family team discuss what is known as alternate dispute resolution, transpiring in court, with court proceedings being the last resort. [Listen on Spotify](#) or YouTube:

[https://www.youtube.com/watch?v=7TN8b9ou6RA&ab\\_channel=LesterAldridge](https://www.youtube.com/watch?v=7TN8b9ou6RA&ab_channel=LesterAldridge)