



Lester Aldridge Raises Over £3k in Support of the YMCA's Big Sleep Easy 2020

For the third year in a row, members of the Dorset law firm, Lester Aldridge, have slept rough for the YMCA's Big Sleep Easy.

The Big Sleep Easy is an annual charity event that takes place throughout England and Wales, where participants spend a night sleeping somewhere other than their beds, to raise awareness of the local/national homelessness issue, whilst also raising essential funds to enable the YMCA to continue and further increase its positive, and invaluable impact.

This past weekend, [Matthew Barrow](#), [Michelle Ripsold](#), [Mark Benham](#) and [Ola Olayinka](#) braved the cold and spent the night in their back gardens to help support this cause.

Matthew Barrow, the Managing Partner at LA and partaker of the event, has commented "We were pleased to be able to support the YMCA BIG Sleep Easy event this year. The funds raised will make a real difference in the local community at this time when the great work by the YMCA is now needed more than ever."

Over the last few years, the Lester Aldridge team have raised over £11,000 for the Big Sleep Easy as well as sponsoring the cardboard boxes for the participants to use during the event to build shelters.

This year, the LA team have raised just over £3,000 (with gift aid). Their Virgin Money Giving page is still live [here](#) if you would like to contribute to this incredible cause, alternatively, you can donate to the YMCA directly by clicking [here](#). Your funds help YMCA to support those in need, focused on achieving independent living and to secure a positive long-term future for ALL.