



Lester Aldridge team to sleep rough for charity

A team of employees and partners from South Coast law firm Lester Aldridge are once again taking part in the [Big Sleep Easy](#), run by YMCA Bournemouth on Saturday 16th November.

The Lester Aldridge team will be building shelters out of cardboard boxes and sleeping outside for a night with other local businesses in a community effort to help combat local homelessness.

Last November, a team of sixteen people from Lester Aldridge took part and [raised over £6,500](#) for YMCA Bournemouth.

Sleep Easy events are opportunities for individuals and organisations to help YMCA Bournemouth raise both awareness of homelessness and vital funds to support its work.

[Matthew Barrow](#), Managing Partner of Lester Aldridge, who is one of the people taking part, said: “We are delighted to be able to support our local community by taking part in the YMCA Bournemouth BIG Sleep Easy event. Homelessness is on the increase and local business support is integral to making a difference. The YMCA is an integral part of our local community and by taking part in this event we are helping to change the social landscape in Bournemouth.”

If you would like to support this event, please donate and sponsor one of the participants [here](#).