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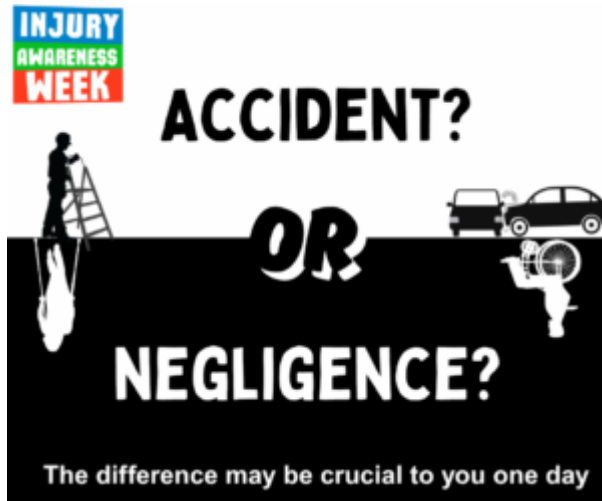
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Injury Awareness Week 2025: Real Stories Behind the Statistics

This week is [APIL](#)'s Injury Awareness Week. It takes place every year for the simple reason that nobody really thinks about what it means to be injured by negligence until it happens to them.

In [Monday's article](#), we looked at the distinction between a genuine accident and an act of negligence.



ACCIDENT

- An unfortunate, unexpected, and unwelcome incident.
- It cannot be reasonably foreseen and therefore it cannot be prevented.
- No-one can be held responsible.



NEGLIGENCE

- Failure to take proper care or acting recklessly, causing harm to others.
- It is avoidable and preventable.
- People who suffer harm because of negligence can claim for redress to help them get back on track.

Today, we're focusing on the real-life consequences—on the individuals and families affected—and how legal action can help them rebuild their lives.

Injured people matter, and their rights must be protected.

Mishaps happen every day. Children fall over in playgrounds, and DIY-ers get into scrapes with hammers and nails—these are simple examples of accidents. But reckless driving, faulty goods, and failures to take proper care that result in harm can amount to negligence. When this happens, those responsible should be held to account so that injured individuals can access the support they need to get back on track.

Real People. Real Consequences.

At Lester Aldridge, our Personal Injury and Medical Negligence teams represent individuals and families whose lives have been impacted by the actions of others. Whether the result of poor medical care, unsafe premises, or avoidable road traffic collisions, the physical, emotional and financial consequences of negligence can be profound.

Every day, we help our clients secure compensation to assist with rehabilitation, loss of earnings, specialist equipment, care needs, and psychological support.

Here are just a few recent examples of the outcomes we've achieved:

1. A seven-figure settlement for a client who suffered life-changing neurological and orthopaedic injuries after a road traffic collision.

2. Substantial damages awarded to the parents of a child who tragically died following significant birth injuries at a Dorset maternity unit.
3. A six-figure settlement in a complex medical negligence case involving questions of consent and the appropriate treatment of gynaecological issues.

For more examples of our work, please visit our [Case Studies](#) page.

Standing with APIL

As members of the Association of Personal Injury Lawyers (APIL), our team is proud to support Injury Awareness Week and its message that injured people matter. The campaign helps raise much-needed awareness of when an injury might be the result of negligence and when legal advice may be needed.

Our lawyers are committed to ensuring that victims of negligence are not left to face the aftermath alone—and that their rights are fully protected.

Get in Touch

If you believe you or a loved one has been injured as a result of negligence, we're here to help.

Contact us at online.enquiries@la-law.com or call 01202 786260 to speak to a member of our [Personal Injury](#) and [Medical Negligence](#) team.