



# Lester Aldridge Expands Personal Injury team

Leading South Coast law firm Lester Aldridge is pleased to welcome two new lawyers to its [Personal Injury & Medical Negligence](#) team.

Senior Associate [Melanie Lidstone-Land](#) and Associate [Helen Clement](#) will be based at the firm's Southampton office and also work from the firm's offices in Bournemouth and London, representing clients across the UK.

Melanie has been practising clinical negligence law for over thirty years. She has handled a varied clinical negligence caseload and complex matters including cerebral palsy, birth injury cases, brain injury, spinal injury, misdiagnosis, delayed diagnosis of cancer as well as complex orthopaedic injuries. In addition to this Melanie has acted for a number of vulnerable mentally disordered clients.

Melanie said: "I am excited to join the Personal Injury team at Lester Aldridge and to be working with a team who have a reputation for achieving excellent results on behalf of their clients. The firm and the Personal Injury department are known to offer top-quality advice and representation in a straightforward way which aligns with my practice and values. I am looking forward to this new opportunity and getting to know my colleagues and my clients."

Helen has over 10 years' experience advising clients on a wide variety of personal injury claims including industrial disease, employers' liability, public liability, road traffic accidents and clinical negligence cases including birth incidents, delayed diagnosis and/or treatment.

Helen said: "I am really excited to join Lester Aldridge and look forward to working with the personal injury and clinical negligence team."

[David Healy](#), Partner and Head of Personal Injury and Medical Negligence at Lester Aldridge, comments: "I am delighted to welcome Melanie and Helen to the firm. Their wealth of experience in all aspects of clinical negligence will add further strength to the team."

In addition, [Liz Oaten](#), Partner in the Personal Injury team, has been recently re-accredited by the Law Society for their Clinical Negligence panel until August 2025, a recognised quality standard for practitioners representing claimants in clinical negligence matters.

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*Photo left to right: Liz Oaten, Helen Clement, Melanie Lidstone-Land and David Healy.*